**Assessment**

**Gymnastics Key Stage 1**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Year 1** **Name** | **National Curriculum: Develop balance, agility, and co-ordination, and begin to apply these in a range of gymnastics activities.** | Explore gymnastic actions and body shapes, moving confidently, using changes of speed, level and direction. | Copy or create movement phrases with beginnings, middles and ends. | Watch, copy and describe what they and others have done. |
|  |  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |

****