**Assessment**

**Gymnastics Key Stage 1**

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| **Year 1**  **Name** | **National Curriculum: Develop balance, agility, and co-ordination, and begin to apply these in a range of gymnastics activities.** | Explore gymnastic actions and body shapes, moving confidently, using changes of speed, level and direction. | Copy or create movement phrases with beginnings, middles and ends. | Watch, copy and describe what they and others have done. |
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